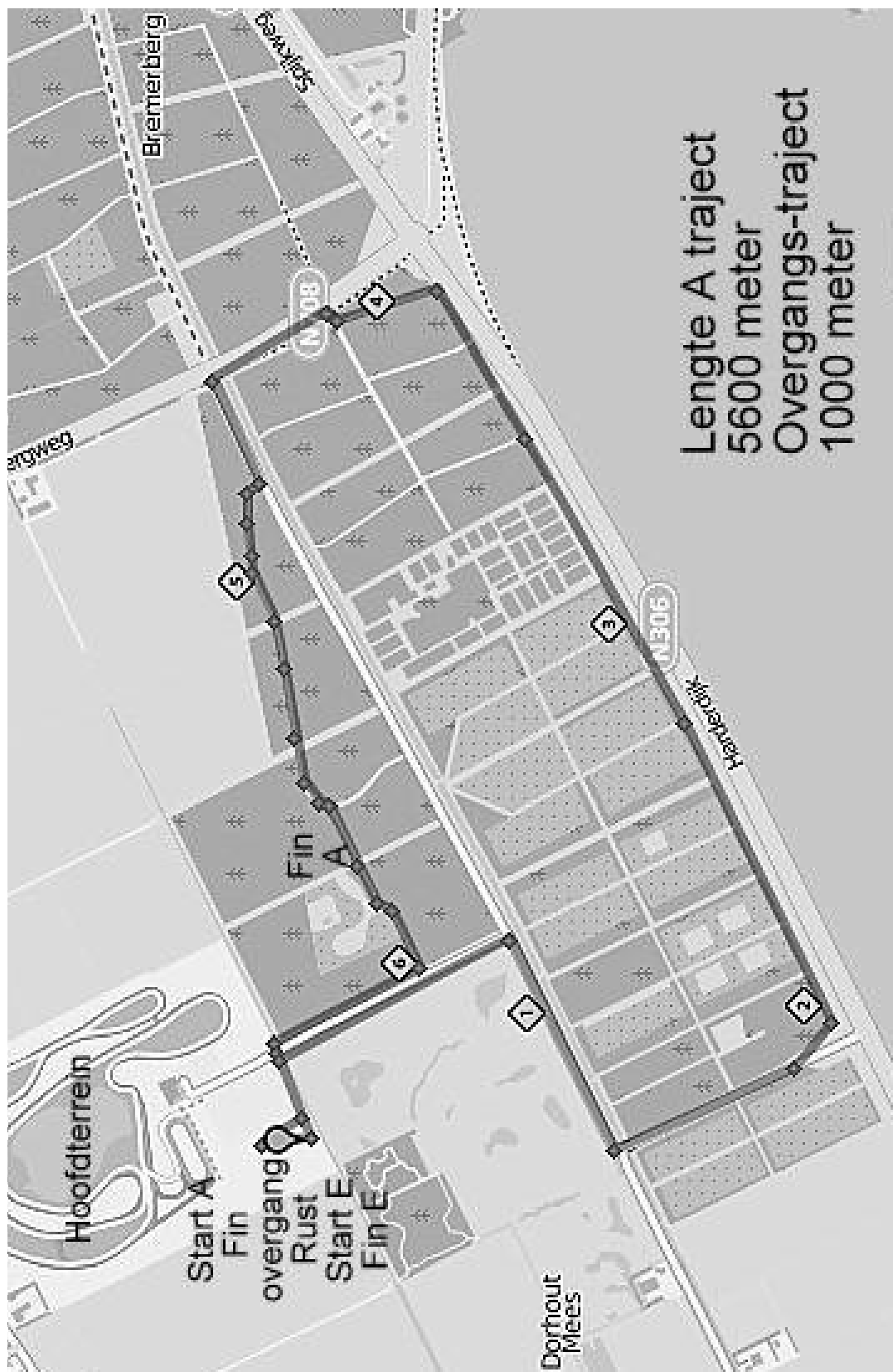


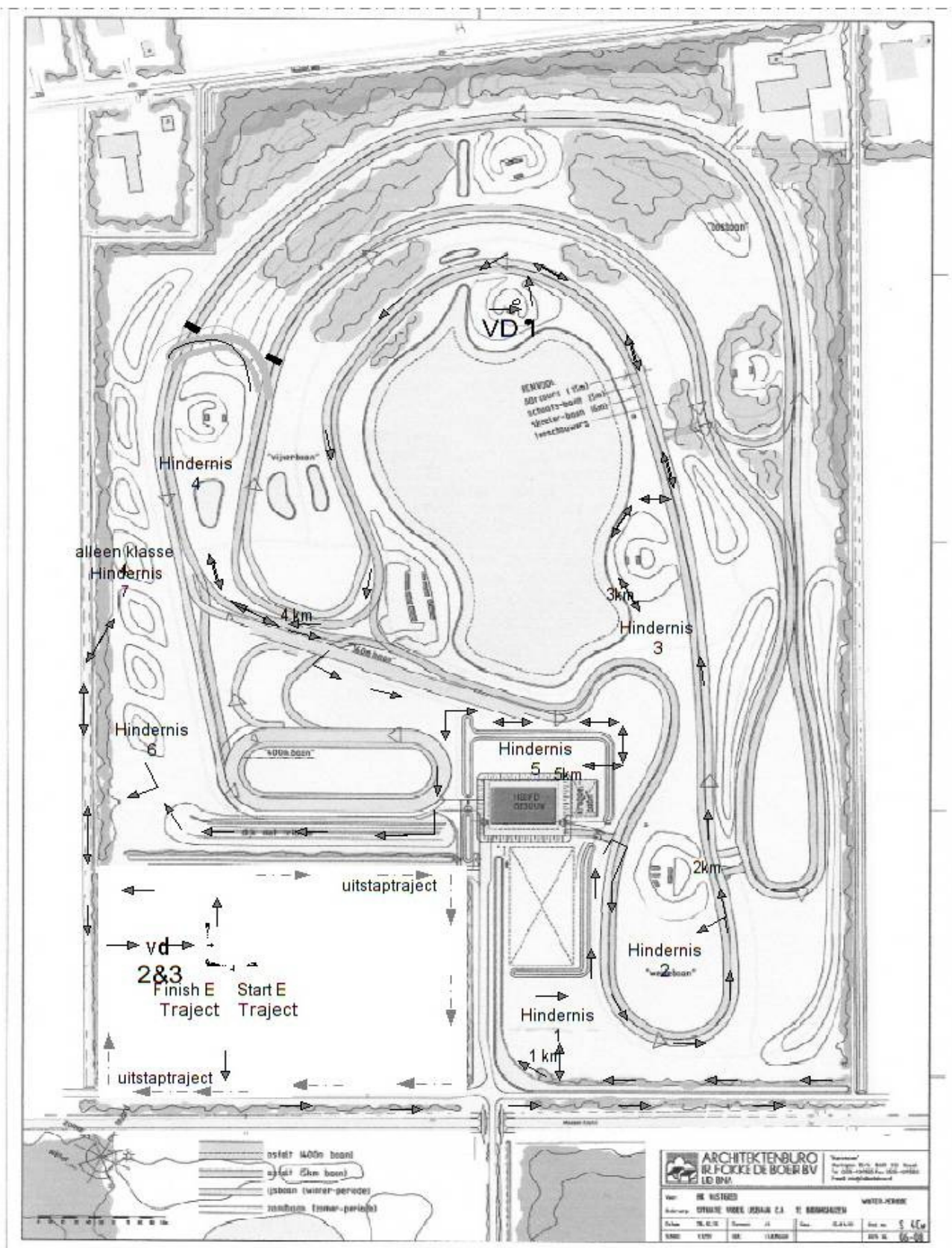
FLEVOMENDAGEN 2013

MARATHON - TRAJECT A en overgangstraject



FLEVOMENDAGEN 2013

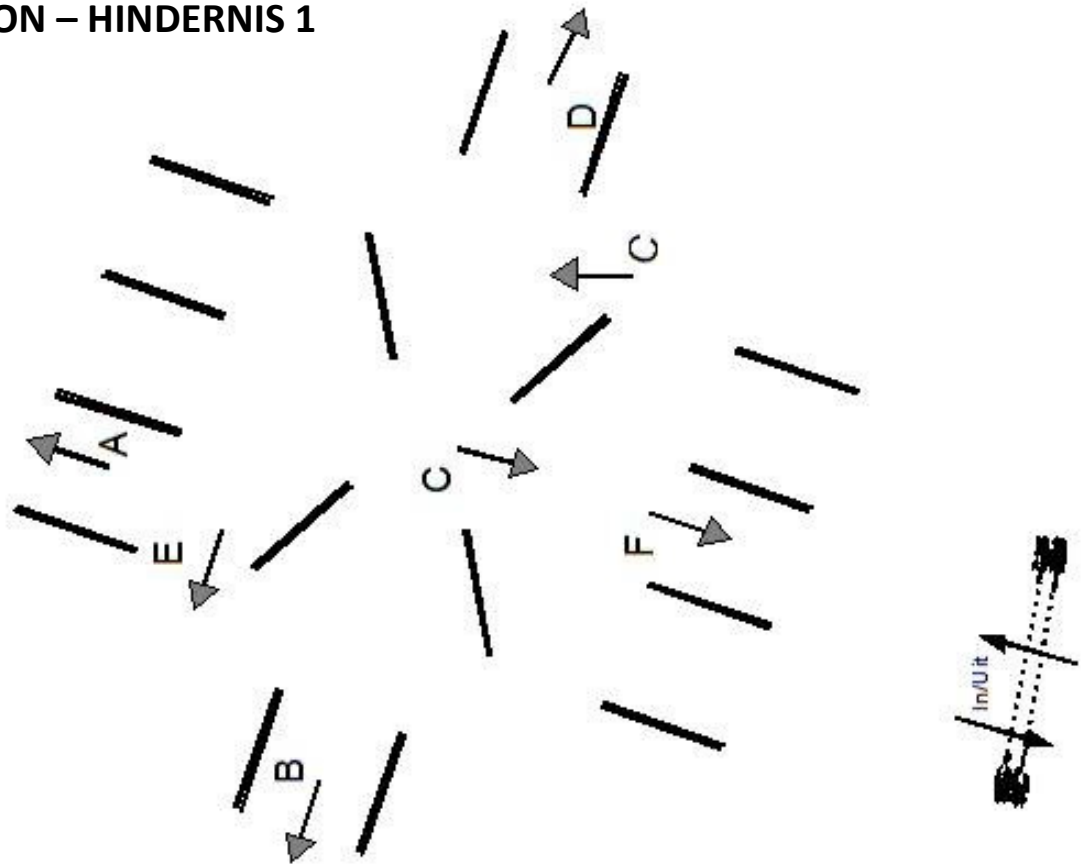
MARATHON – TRAJECT E



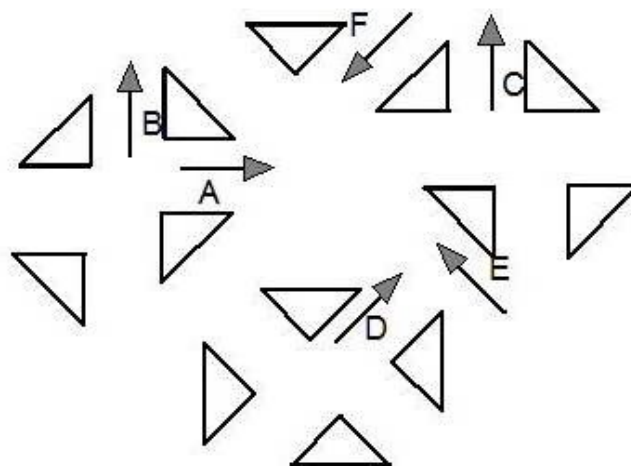
start E traject , Hind 1 fin H1 =1km, Hind 2, 130 m na H2 = 2km, vd 1 in chiller, start H 3 = 3km, Hind 3, 130 m na H 4 = 4km, Hind 4, Hind 5 fin H5 = 5km, Hind 6, 200m na H6 vd 2 en 6 km, 6100meter Fin klasse 123. Klasse 4 naast fiin klasse 123 links naar H 7, Hind 7, fin H7 6,7 km, na 200m na H7 vd3 en finish E op 7 km

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MARATHON – HINDERNIS 1

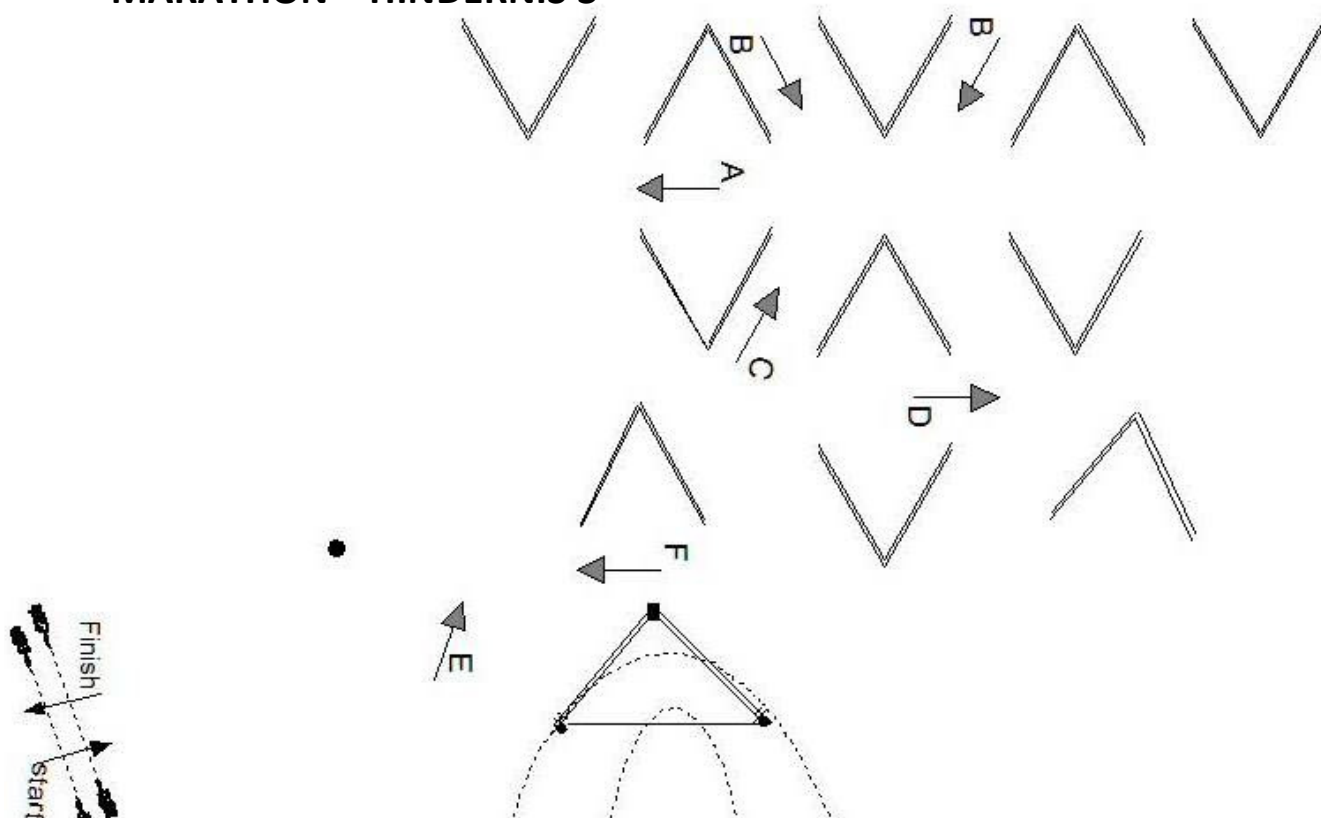


MARATHON – HINDERNIS 2

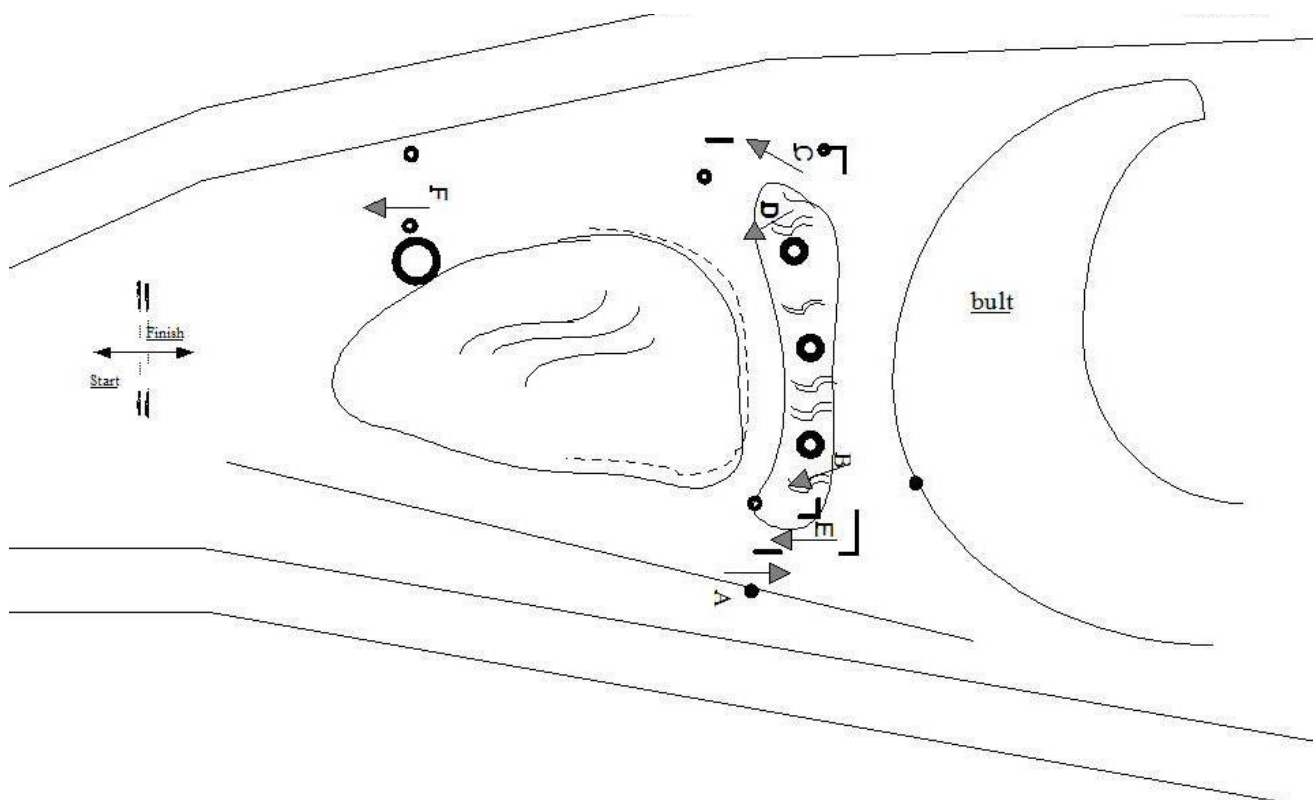


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MARATHON – HINDERNIS 3

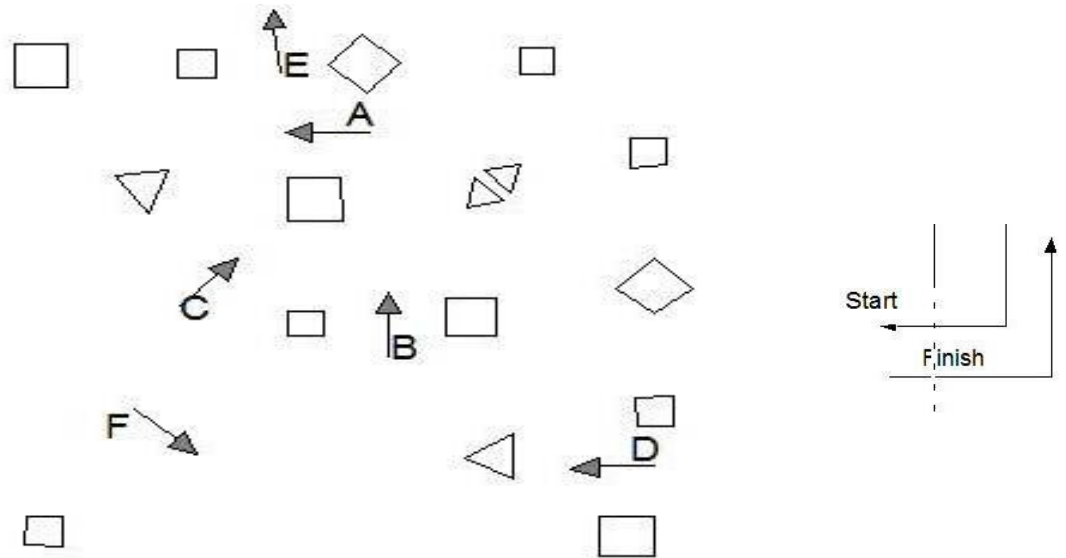


MARATHON – HINDERNIS 4



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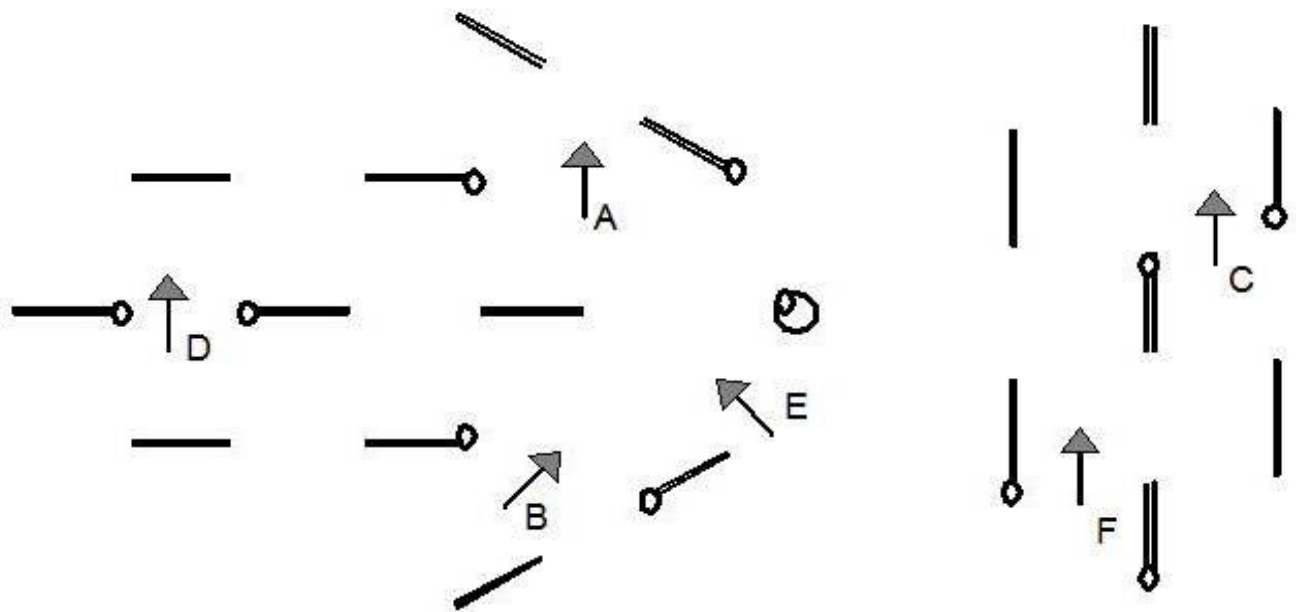
MARATHON – HINDERNIS 5



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Terras

MARATHON – HINDERNIS 6



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MARATHON – HINDERNIS 7 – ALLEEN VOOR KLASSE 4!!

